

**Kathleen Leser, LCSW, LLC**

**CLIENT INTAKE FORM**

Date: \_\_\_\_\_

Name: \_\_\_\_\_  
(Last) (First) (Middle Initial)

Preferred Name: \_\_\_\_\_ Gender: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_  
(Street and Number)

\_\_\_\_\_  
(City) (State) (Zip)

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Work: \_\_\_\_\_

Which is the preferred contact phone?  Home  Cell  Work

May a message be left on this phone?  Yes  No

Will you be using insurance?  Yes  No

Name of Insurance Carrier: \_\_\_\_\_

Who referred you? \_\_\_\_\_

May I contact this person to thank them for the referral?  Yes  No

Emergency Contact:

Name: \_\_\_\_\_  
(Last) (First)

Phone Number(s): \_\_\_\_\_

Relationship to you: \_\_\_\_\_

In the event of an emergency, I acknowledge that the above listed individual may be contacted.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

Marital Status:     \_\_\_ Single                   \_\_\_ Married                   \_\_\_ Partnership  
                         \_\_\_ Separated               \_\_\_ Divorced               \_\_\_ Widowed

List any children and their ages. \_\_\_\_\_  
\_\_\_\_\_

List who lives in your home, their ages and their relationship to you. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you employed? \_\_\_ Yes \_\_\_ No     Employer: \_\_\_\_\_

Work Title / Position: \_\_\_\_\_

Length of time with current employer. \_\_\_\_\_

What are your reasons for seeking counseling at this time? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you received behavioral health / mental health services previously? \_\_\_ Yes \_\_\_ No

If you have, please list provider's name and approximate dates of service. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you ever been given a mental health diagnosis? \_\_\_ Yes \_\_\_ No     If you have, what was the diagnosis? \_\_\_\_\_

Are you currently taking psychiatric medication? \_\_\_ Yes \_\_\_ No     If you are, please list name, dosage, frequency and purpose of medication. \_\_\_\_\_  
\_\_\_\_\_

Are your currently taking any over the counter medications or herbal remedies for mood, stress or sleep? \_\_\_ Yes \_\_\_ No     If you are, please list name, dosage, frequency and purpose of medication or herbal remedy. \_\_\_\_\_  
\_\_\_\_\_

Have you ever been prescribed psychiatric medication?  Yes  No If you have, please list name and dates taken. \_\_\_\_\_

How is your current physical health?  Poor  Unsatisfactory  Satisfactory  Good  Very good

List any physical health diagnoses and/or concerns. \_\_\_\_\_

For any medications that you are taking for physical health reasons, please list name, dosage, frequency and purpose of medication. \_\_\_\_\_

How many times weekly do you usually exercise? \_\_\_\_\_

What types of exercise do you participate in? \_\_\_\_\_

Do you drink alcohol?  Yes  No. If so, how much do you drink weekly? \_\_\_\_\_

Do you use drugs or take more prescription medication that is prescribed?  Yes  No If so, please describe. \_\_\_\_\_

Do you drink caffeinated beverages?  Yes  No. If so, how much do you drink daily? \_\_\_\_\_

Do you smoke cigarettes?  Yes  No. If so, how much do you smoke daily? \_\_\_\_\_

When you were growing up, who did you live with? List their names and relationship to you. \_\_\_\_\_

Listed below are a variety of concerns that may motivate people to seek counseling. Please circle those which apply to you.

- |                             |                       |                          |
|-----------------------------|-----------------------|--------------------------|
| Abuse                       | Alcohol               | Anger, temper            |
| Anxious, nervous            | Appetite              | Children                 |
| Compulsive behavior         | Concentration         | Depressed, low mood      |
| Direction in life           | Drugs                 | Eating                   |
| Family of origin            | Financial             | Grief / loss             |
| Hallucinations              | Homicidal thoughts    | Irritable                |
| Lack of interest, enjoyment | Lack of motivation    | Loneliness               |
| Low energy, tired           | Marital / partnership | Memory                   |
| Mood swings                 | Parents               | Physical health          |
| Racing thoughts             | Relationships         | Religious, spiritual     |
| Repetitive thoughts         | Self-esteem           | Self-injurious behaviors |
| Sexual identity             | Sexual problems       | Sleep problems           |
| Stress                      | Suicidal thoughts     | Transition               |
| Unusual thoughts            | Withdrawn, isolated   | Work, career             |

Other concerns: \_\_\_\_\_  
\_\_\_\_\_

Thank you for taking the time to complete this form.